

Camp Dates

EASTER:

11th – 15th April 2011:

MLC Tennis Hot Shots Camp
High Performance Tennis Camp
Intensive Swimming Programme

18th – 20th April 2011:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
Intensive Swimming Programme

WINTER:

4th – 8th July 2011:

MLC Tennis Hot Shots Camp
PREP Gross Motor Skills Tennis Camp
High Performance Tennis Camp
Intensive Swimming Programme

11th – 15th July 2011:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
Intensive Swimming Programme

SPRING:

26th – 30th September 2011:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
High Performance Tennis Camp
Intensive Swimming Programme

4th – 7th October 2011:

MLC Tennis Hot Shots Camp
PREP Gross Motor Skills Tennis Camp
Intensive Swimming Programme

CHRISTMAS:

12th – 16th December 2011:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
Intensive Swimming Programme

SUMMER:

9th – 13th January 2012:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
High Performance Tennis Camp
Intensive Swimming Programme

16th – 20th January 2012:

MLC Tennis Hot Shots Camp
PREP Gross Motor Skills Tennis Camp
High Performance Tennis Camp
Intensive Swimming Programme

23rd – 25th January 2012:

MultiSport & Fitness Camp
PREP Gross Motor Skills Tennis Camp
Intensive Swimming Programme



IN ASSOCIATION WITH OUR FITNESS ARM



43 Brighton Street, Croydon, NSW, 2132

Phone 9747 4259

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APPLICATIONS TO:

Croydon Tennis Centre,

43 Brighton Street, Croydon, NSW, 2132

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Book online at: **www.croydontenniscentre.com**

email: info@croydontenniscentre.com



CROYDON
TENNIS CENTRE
SINCE 1958

Holiday Programme 2011 – 2012

MLC Tennis Hot Shots Camp,

PREP Gross Motor Skills Tennis Camp (3-5yo.)

Multi Sport & Fitness Camp (6+)

High Performance Tennis Camp

Intensive Swimming Programme

Winter ● Spring ● Christmas ● Summer



APPROVED MLC TENNIS HOT SHOTS DELIVERER

Lunch Packs Available

Pre-ordered Lunch Packs Available

A sausage sizzle is provided daily, however a healthy lunch pack can be pre-ordered by you or your child each morning before commencement of the camp. Lunch cost is \$9.00, to be paid at the time of order, and includes:

Option 1:
Sandwich Choices:
Ham and tomato,
Egg and lettuce,
Ham and cheese
Vegemite

Option 2:
Sushi Pack (5 Pcs):
Teriyaki Chicken or Beef
Chicken Schnitzel
Tuna, Cucumber & Avocado
Salmon & Avocado
California Roll

Whole Fresh Fruit (apple, orange or banana)

Mini Cookie Treat
Chilled Fruit Drink



HEALTHY
FRESH

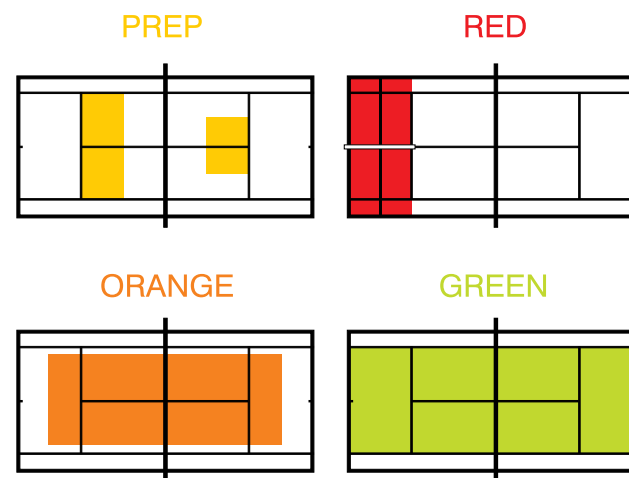
Enjoy!!

We are offering a variety of Holiday Programmes including our PREP Gross Motor Skills Tennis Camp for children from the age of 3 to 5. Our Holiday programme is aimed at improving overall motor skills such as, balance, coordination as well as specific skills for particular sports.

Camp features:

- Low student to coach ratio
- Structured Skill Level Programmes
- Attendance Certificates
- Attendance Prizes (with full week enrolment)

MLC Tennis Hot Shots



MLC Tennis Hot Shots Camp (age 6+)

MLC Tennis Hot Shots Camp is the official Tennis Australia Starter Programme. The use of modified equipment and scaled down sizes of the court ensures optimal development as well as the enjoyment of all participants regardless of their age and standard. Camp Duration: 9 AM- 3 PM

\$180/ week
Cost: \$ 48/ day

PREP Gross Motor Skills Tennis Camp (age 3-5)

Our Gross Motor Skill Holiday Programme is specifically designed for 3 to 5 year old children and includes a variety of activities.

- Gross Locomotor Skills
- Throwing and Catching
- Perception
- Balance
- Coordination
- Agility

Duration: 9 AM – 12 PM

\$120/ week
Cost: \$ 35/ day

MultiSport & Fitness Camp (age 6+)

Our Holiday Programme is designed for those wanting to try more than one sport whilst gaining a variety of skills.

Soccer, Football, Cricket, Swimming, Tennis, Basketball, Frisbee

\$180/ week
Cost: \$ 48/ day

Intensive Swimming Programme

Each school holidays Fitstop Fitness Swim School conducts intensive learn to swim programmes and clinics.

Our intensive programmes run for 5 consecutive days with children attending one 30 minute lesson each day. These are a great way to achieve fast results in confidence and swimming skills.

Clinics are also held specialising in learning to dive and tumble turns. (Contact us for dates and details of upcoming programs.

Please, check the level and times online.)

Cost: \$75/ week

High Performance Tennis Camp

Our High Performance Holiday programme is aimed at tournament players.

This holiday programme helps the players to enhance their game. Each player will receive demanding physical and technical training as well as matchplay and tournament play experience.

\$290/ week
Cost: \$ 70/ day

After Care

Available from 3 – 5.30 PM (needs to be booked in advance)

\$50/ week
Cost: \$15/ day