

**AUTUMN** 

7th - 10th April 2015 13th - 17th April 2012

CTC Tennis Hot Shots Camp

PREP Gross Motor Skills Tennis Camp (3-5yo)

MultiSport &Fun Fitness Camp Sports & Academic Camp High Performance Tennis Camp

Intensive Swimming

WINTER 29th June - 3rd July 2015

6th - 10th July 2015

CTC Tennis Hot Shots Camp

PREP Gross Motor Skills Tennis Camp (3-5vo)

MultiSport &Fun Fitness Camp Sports & Academic Camp High Performance Tennis Camp

Intensive Swimming

**SPRING** 21st - 25th September 2015

28th September - 2nd October 2015

CTC Tennis Hot Shots Camp

PREP Gross Motor Skills Tennis Camp (3-5yo)

MultiSport &Fun Fitness Camp Sports & Academic Camp High Performance Tennis Camp

Intensive Swimming

**CHRISTMAS** 7th - 11th December 2015

14th - 18th December 2015 CTC Tennis Hot Shots Camp

PREP Gross Motor Skills Tennis Camp (3-5yo)

MultiSport &Fun Fitness Camp Sports & Academic Camp High Performance Tennis Camp

Intensive Swimming

SUMMER 4th - 8th January 2016

> 11th - 15th January 2016 18th - 22nd January 2016

CTC Tennis Hot Shots Camp

PREP Gross Motor Skills Tennis Camp (3-5yo)

MultiSport &Fun Fitness Camp Sports & Academic Camp High Performance Tennis Camp

Intensive Swimming





IN ASSOCIATION WITH OUR FITNESS ARM







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# **Holiday Programs** 2015 - 2016

**CTC Tennis Hot Shots Camp** PREP Gross Motor Skills Tennis Camp (3-5yo) **High Performance Tennis Camp MultiSport & Fun Fitness Camp Intensive Swimming Program Sports & Academic Camp** 











#### **Lunch Packs Available**

#### **Pre-ordered Lunch Packs Available**

A sausage sizzle is provided daily, however a healthy lunch pack can be pre-ordered by you or your child each morning before commencement of the camp. Lunch cost is \$10.00, to be paid at the time of order, and includes:

Option 1: Sandwich Choices: Ham and tomato Egg and lettuce Ham and cheese

Vegimite

Option 2: Sushi Pack (5 Pcs): Teriyaki Chicken or Beef Chicken Schnitzel Tuna, Cucumber & Avocado Salmon & Avocado

California Roll

Whole Fresh Fruit (apple, orange or banana)

Mini Cookie Treat Chilled Fruit Drink





## **#Sports & Academic Camp**

These holidays give your child the best of both worlds by exercising not only their physical self but also their intellectual capacities with our Academic Enhancement Program in both English and Mathematics with the inclusion of General Abilities.

Combined Holiday Program Camp Duration: 9am - 3pm

Cost: \$300 / week

Academic Only Mornings (9.30-11.30am) OR Afternoons (1.30 – 3.30pm)

Cost: \$175 / week

At Croydon Tennis Centre we offer a variety of school holiday programs and kids holiday activities including our PREP Gross Motor Skills Camp, Multisport & FUN Fitness Camps catering for kids from the age of 3 and up, Tennis Camps, Sports & Academic Camp and intensive swimming programs. All school holiday programs and kids holiday activities enable single day registration along with full week registration.

A sausage sizzle is provided daily for ALL full day attendants:



#### #Multi Sports & Fun Fitness Camps (age 6+)

This Holiday Program is designed for those wanting to try more that one sport whilst incorporating a focus on exercise that emphasises large muscle groups, motor skills co-ordination, balance, resistance, flexibility and aerobic activity.

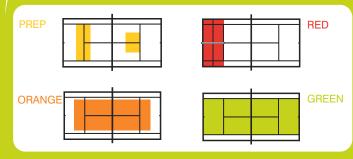
Activities on offer include Soccer, Football, Cricket, Swimming, Tennis, Basketball, Frisbee, Rock Climbing, Hip Hop & Breakdance

Camp Duration: 9am - 3pm

\$200 / week Cost: \$ 53 / day



#### **#CTC Tennis Hot Shots Camp** (age 6+)



CTC Tennis Hot Shots is the official Tennis Australia Starter Program. The use of modified equipment and scaled down sizes of the court ensures optimal development as well as the enjoyment of all participants regardless of their age and standard

Camp Duration: 9am - 3pm Cost:

\$200 / week \$ 53 / day



#### **PREP Gross Motor Skills Tennis Camp (age 3-5)**

Our Gross Motor Skills Holiday Programs are specifically designed for 3 to 5 year old children and include a variety of activities.

Gross Locomotor Skills

Throwing & Catching

Perception

Camp Duration: 9am - 12pm

Balance

Coordination

Agility

\$140 / week Cost: \$ 40 / day



## **Intensive Swimming Program**

Each school holidays Fun Fitness Swim School conducts intensive learn to swim programs and clinics. Our intensive programs run for 5 consecutive days with children attending one 30 minute lesson each day. This program is a great way to achieve fast results in confidence and swimming skills.

Clinics are also held specialising in learning to dive and tumble turns. (Please, check the level and times online)

Cost: \$75 / week



## **High Performance Tennis Camp**

Our High Performance Holiday Programs are aimed at tournament players.

This holiday program helps players to enhance their game. Each player will receive demanding physical and technical training, as well as matchplay and tournament play experience.

Camp Duration: 9am - 3pm \$290 / week

Cost: \$70 / day



### **Before & After Care**

Before Care from 8am - 9am \$25 / week

Cost: \$7.50 / day

After Care from 3 - 6pm \$18 / day

Cost: \$65 / week