

PACKAGES	INCLUSIONS	PRICES
Eight Week Programme	<ul style="list-style-type: none"> • 3 Classes per week • Fitness Assessment • Eating Plan • T-Shirt 	\$290.00
Four Week Programme	<ul style="list-style-type: none"> • 3 Classes per week • Fitness Assessment • Eating Plan • T-Shirt 	\$170.00
Four Week Programme	<ul style="list-style-type: none"> • 2 Classes per week • Fitness Assessment • Eating Plan • T-Shirt 	\$132.00
Four Week Kids Programme	<ul style="list-style-type: none"> • (1 Day per week) 	POA
Four Week Boxing	<ul style="list-style-type: none"> • (1 Class per week) 	POA
Casual Rates	<ul style="list-style-type: none"> • (Per Class) 	\$20.00
Personal Training	<ul style="list-style-type: none"> • (Per Class) 	Starting from \$50 (depending on session duration)

ALL BOOTCAMP / CLASSES TO BE PAID PRIOR START DATE

PLEASE NOTE: THERE ARE NO REFUNDS FOR ANY CLASSES NOT ATTENDED. PAYMENTS THAT ARE NOT MADE ON OR BEFORE START OF PROGRAM WILL BE CHARGED CASUAL RATES

